

COW & GATE GROWING UP MILK

Nutritional information*

Typical Values		per 100g powder	per 100ml prepared feed	per 100 kcal
Energy		1860	280	420
		443	67	100
Protein		9.9	1.5	2.2
Whey	g	5	0.7	1.1
Casein	g	5	0.7	1.1
Carbohydrate	g	56.2	8.5	12.7
of which sugars	g	43.5	6.6	9.8
of which lactose	g	39.9	6	9
Fat	g	19.9	3	4.5
of which saturates	g	5	0.8	1.1
Fibre	g	79	1.2	1.8
Minerals				
Sodium	g	0.17	0.03	0.04
Potassium	mg	516	78	116
Chloride	mg	278	42	63
Calcium	mg	562	85	127
Phosphorus	mg	305	46	69
Magnesium	mg	37	6	8
Iron	mg	79	1.2	1.8
Zinc	mg	5.9	0.89	1.3
Copper	µg	271	41	61
Manganese	µg	50	7.6	11
Selenium	µg	9.9	1.5	2.2
Iodine	µg	79	12	18
Vitamins				
Vitamin A	µg RE	430	65	97
Vitamin D ₃	µg	11	1.7	2.5
Vitamin E	mg α-TE	7.3	1.1	1.6
Vitamin K ₁	µg	33	5	7.4
Thiamin (B ₁)	µg	331	50	75
Riboflavin (B ₂)	µg	782	118	176
Niacin (B ₃)	mg	2.9	0.44	0.66
Pantothenic acid (B ₅)	mg	2.2	0.34	0.5
Vitamin B ₆	µg	265	40	60
Folic acid	µg	79	12	18
Vitamin B ₁₂	µg	1.2	0.18	0.27
Biotin	µg	11	1.6	2.4
Vitamin C	mg	93	14	21
Others				
Choline	mg	67	10	15
Taurine	mg	36	5.4	8.1
Fatty acid	g/100g fatty acids (dry product)			
Linoleic:α-Linoleic acid	5.4:1			
Potential Renal Solute Load	143 mOsmol/l			
Scoop weight	5.0g			
% Dilution	15.1%			

* These values refer to powder. There are small nutritional differences between powder and liquid due to different processing methods.

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Ingredients

Deminerallized whey*, Vegetable oils, Skimmed milk*, Maltodextrin, Dietary fibres (Galacto-oligosaccharide*, Poly fructose), Lactose*, Whey protein concentrate*, Calcium phosphate, Calcium carbonate, Potassium citrate, Sodium citrate, Vitamin C, Magnesium chloride, Emulsifier (soya lecithin), Choline chloride, Taurine, Vanillin, Iron sulphate, Zinc sulphate, Potassium chloride, Vitamin E, Niacin, Folic acid, Vitamin D, Pantothenic acid, Copper sulphate, Vitamin A, Biotin, Thiamin, Vitamin B₁₂, Vitamin B₆, Potassium iodide, Manganese sulphate, Vitamin K, Sodium selenite.

Contains: *Milk, Soya

Indications

Cow & Gate Growing Up Milk is specially formulated to help meet the increased nutritional requirements of toddlers from 1 year+. Cow & Gate Growing Up Milk is a nutritionally superior alternative to cows' milk, it has less sodium and saturated fat and has been specifically designed to complement solid food in the toddler diet. Cow & Gate Growing Up Milk contains Prebiotic Oligosaccharides and is enriched with essential nutrients, including extra iron for brain development.²

Cow & Gate Growing Up Milk for toddlers is Halal approved.

Contra-indications

This product is not suitable for intravenous use, cows' milk protein allergy or lactose intolerance.

Cow & Gate interactive iron tool - for toddlers 1-3 years



Log onto www.feedingforlife.ie and click on the iron calculator in our interactive tools section

*Two cups = 500mls. Iron should come from a variety of sources in the diet.

References: ¹Food Safety Authority of Ireland. Recommended Dietary Allowances for Ireland 1999. ²Lozoff et al. *Pediatrics* 2000; 105(4).