

What are the symptoms of Cow's Milk Protein Allergy?³

Dermatological

- ✓ Atopic dermatitis (Eczema)
- ✓ Urticaria (skin rash/hives)

Gastrointestinal

- ✓ Vomiting
- ✓ Diarrhoea
- ✓ Constipation
- ✓ Failure to thrive
- ✓ Systematic reactions in severe cases (i.e. Anaphylactic shock)

Respiratory

- ✓ Runny nose
- ✓ Wheezing
- ✓ Chronic cough
- ✓ Difficulty breathing

General

- ✓ Persistent distress
- ✓ Colic symptoms

The symptoms of milk allergy may occur within a few minutes after exposure (immediate reactions) or after 1 hour and in some cases after several days (delayed reactions).

Atopic risk is between

- 20-40% if one parent has atopic disease;
- 25-35% if one sibling has atopic disease and
- 40-60% if both parents have atopic disease²

The clinical spectrum extends to diverse disorders: acute anaphylactic reactions, atopic dermatitis, wheezing, infantile colic, gastroesophageal reflux (GER), oesophagitis, allergic colitis and constipation.

References

2. Björkstén B. Curr Drug Targets Inflamm Allergy. 2005 Oct; 4(5):599-604. Review.
3. Vandenplas Y et al. *Arch Dis Child* 2007; 92: 902-908